



PHYTOMER

SPA MENU

To enliven your beauty & recharge your well-being

FACIAL TREATMENTS

ANTI-AGING



SIGNATURE TREATMENT

SUPREME YOUTH PIONEER TREATMENT

Ultimate Treatment for the Face, Lips and Décolleté - 90 min

This premium treatment restores the skin's freshness, youth and radiance. Its exceptional massage of the entire face and décolleté visibly smooths the skin while delivering absolute well-being. Throughout the treatment, the back is enriched with trace elements and a relaxing sensation of gentle warmth.

EXTENDED YOUTH

Wrinkle Correction Treatment - 60 min

The leading anti-aging ritual that targets all wrinkles to smooth the skin, reduce lines and replump the face.

OLIGOFORCE LUMINATION

Facial for Complexion - Dark Spots - Wrinkles - 60 min

An ultra-comprehensive anti-aging treatment that brightens skin tone, reduces dark spots, and smooths away wrinkles. The perfect pairing of a 20% acid facial peel and a soothing cloth mask that's rich in OLIGOMER® to bathe the skin in radiance.

TARGETED TREATMENTS



CITYLIFE

Anti-Pollution Skin Freshness Treatment - 60 min

A treatment that concentrates all the sea's skincare benefits to detox and revitalize skin and treat it to a breath of fresh air. The anti-pollution experience eliminates signs of fatigue, brightens the complexion and rehydrates skin.

HYDRA ORIGINAL

Plumping Thirst-Relief Facial with Organic Algae - 60 min

A skincare essential that pairs moisturizing performance with intense relaxation using organic ingredients, sense-awakening textures and a relaxing massage to leave skin soothed and glowing, plumped and rested.

ECOCERT CERTIFIED ORGANIC PRODUCTS

CYFOLIA

Radiance Plumping Treatment Face and Eye Contour - 60 min

This exquisite treatment includes a soothing massage and highly-efficient organic products to leave the face and eye contour glowing and moisturized. **This treatment can be applied to teenagers from 13 years old.**

DOUCEUR MARINE

Comforting Soothing Treatment - 60 min

A nurturing treatment that softens sensitive skin and strengthens its defenses with soothing, hydrating results.

ACNIPUR

Blemish Solution Treatment - 50 min

A cleansing program that effectively targets blemishes for visibly clearer, healthier skin and a smoother, fresher complexion.

CLEAR SKIN EXPRESS

Skin Cleansing Treatment - 40 min

A warming, absorbent marine face mask is followed by a custom facial mask to clear pores for skin that's cleansed and a complexion that's refreshed.

TREATMENT FOR MEN

NEW SKIN FOR MEN

Men's Facial - 60 min

Enter a skincare experience designed especially for men. Choose from a selection of moisturizing, youth-restoring, soothing and anti-pollution facials that have been specially adapted to men's skin needs.

COMPLEMENTARY ADD-ON MODULES



RELAX BACK

Remineralizing Anti-Fatigue Treatment - 15 min

An ultra-relaxing back massage is followed by a gentle slathering of Self-Heating Marine Mud along the spine for total relaxation and optimal detox effects.

EYE PERFECTION

Radiance Smoothing Eye Treatment - 20 min

A comprehensive, effective and relaxing treatment for beautiful eyes that sparkle with youth. An add-on possibility for all facials.

BODY TREATMENTS

CONTOURING



SIGNATURE TREATMENT

P5 CONTOURING

Full body Massage and Algae Jam Wrap - 60 min

A full body slimming treatment, ideal for wellness retreats, that combines a toning massage with an exclusive algae wrap to slim curves, reshape and tone the body. Results after just 4 sessions are conclusive: an 11% belly bulge reduction and an 8% reduction in thigh circumference.*

*Clinical results on 22 women after 4 P5 SLIMMING treatments with application of P5 LOTION twice a day for 15 days.

SCULPT ZONE

Targeted Heating Wrap Abdomen - Buttocks - Thighs - 60 min

An intensive exfoliating scrub, a targeted massage and an innovative thermo-sculpting wrap eliminate curves and cellulite in record time. The results are dramatic with over 1 cm reduction in waist size in just 4 treatments.*

*Centimeter measurements taken on 19 women who received 4 treatments in 2 weeks. Average values obtained.

MORPHO DESIGNER

Perfect Contour Scrub and Massage - 60 min

Full body beauty: a slimmer, firmer, shape plus enhanced skin health overall. Following a smoothing exfoliation scrub, a slimming massage reshapes the body's curves to perfection and gives skin a flawless appearance. Scrub without shower.

OLIGOMER® SILHOUETTE

Refining Remodeling Marine Body Treatment - 75 min

A full spa treatment in 2 steps: a slimming balneotherapy soak followed by a full-body massage. Perfect for weight-loss retreats or as an add-on treatment with massages or wraps.

SEATONIC

Body Wrap and Firming Massage - 50 min

A high-performance gel wrap is applied then massaged into the skin to lift, tighten tissue, and prevent sagging. Result: The whole body is firmed and toned. Body wrap without shower.

BEAUTY AND REVITALIZING



MARINE BODY WRAP

Body Wrap and Massage - 60 min

Choose from a detox or energizing marine wrap then indulge in a relaxing body massage.

OLIGOMER® PURE

Invigorating Energizing Remineralizing Balneo Treatment - 60 min

A relaxing soak in a remineralizing bath enriched with active sea ingredients is followed by a full body massage for a total revitalizing experience. Ideal for relaxing and recharging.

MARINE SCRUB **Toning Body Scrub Treatment**

or Silky Body Multi-Exfoliant Treatment - 50 min

An exfoliation treatment using sea salt crystals is paired with a moisturizing massage for an express beautifying treatment that leaves the skin silky soft. Available with or without shower.

CHAMPAGNE OF THE SEAS

Remineralizing Relaxing Back Treatment - 45 min

Our signature detoxifying and remineralizing marine products enhance a tension-releasing foot, scalp and back massage.

LEG REVIVAL

Leg Soothing Beauty Treatment - 35 min

A targeted massage designed to soothe and relax sore, tired legs that also brings back their beautiful curves and contours.

WELLNESS MESSAGES

REPLENISHING



SIGNATURE TREATMENT

OLIGOMER® SPA

Remineralizing Revitalizing Massage - 90 min

This deeply relaxing, reenergizing signature massage includes both a full body exfoliating scrub and a massage. The session provides a unique sensory experience thanks to OLIGOMER®, PHYTOMER's legendary active marine ingredient, and its extraordinary remineralizing and strengthening benefits. The head-to-toe exfoliating scrub and massage provide instant rejuvenation and incomparable relaxation. Scrub without shower.

SEA HOLISTIC

Relaxing Massage with Sea Boluses - 60 min

Through soft effleurage strokes, targeted pressure and stretching, this Thai-inspired massage eliminates areas of tension one by one using the gentle heat of warmed linen bundles. Gradually, your mind surrenders to an overall sense of well-being and long-lasting replenishment.

TRÉSOR DES MERS

Personalized Energizing Massage - 60 min

An invigorating, therapeutic massage that relaxes and energizes like a day at the beach.

CALIFORNIAN WAVE

Relaxing Californian Massage - 30 min | 60 min | 90 min

The perfect combination of soothing, flowing massage techniques to unlock muscle tension and provide complete relaxation. **This treatment can be applied to teenagers from 13 years old.**



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